

Jounce Fitness Safety Policies & Procedures

Safety of all participants is our utmost concern and all rules must be followed. Otherwise, you may be asked to leave the class, with no refund.

1. All participants must sign a waiver in order to take a class, and sign in for a scheduled class
2. Weight limit on trampoline is 250 lbs.
3. No cell phone use allowed *during* class, please step in the hallway or outside to use phone
4. No *personal* belongings other than a water bottle can be kept near front of trampoline
5. Be aware of your surroundings (class equipment) when getting on and off the trampoline
6. No children are allowed on the trampolines, unless a trampoline has been paid for and reserved, along with a waiver signed by a child's legal guardian. Children must be 10 years or older to take class.
7. Children are welcome to come to a class, so long as they stay seated in the designated area and do not disturb class
8. Trampolines and class equipment must be wiped down after class
9. If you are waitlisted and get a notification that you have been added to class, please reply YES or NO within 2 (two) hours. If you do not respond timely, the next person on the list will be notified.
10. We allow Jouncers to book classes up to two weeks out.
11. All cancellations must be made no less than six (6) hours prior to the start of the scheduled class or you will be charged a single drop in rate or lose class from package.